



Welcome to the Autumn sports newsletter 2017. I would like to take this opportunity to thank all the staff, students, parents and volunteers for their hard work, commitment and dedication to sport at WCGS. This term WCGS sport were awarded the prestigious 'School Games Gold' award. This is a fantastic achievement for a comprehensive school and demonstrates the fantastic range of competitive opportunities the students at WCGS are involved in. I also need to say a huge thank you to **Millwood Servicing Ltd.** for sponsoring PE and Sport at WCGS, the funding they have provided is integral to the achievements and continued development in sport at WCGS. You will see in this newsletter that our commitment to school sport is continuing to grow with WCGS achieving success in nine different sports this term. Mr D Johnson (Director of Sport).



WCGS Rugby



The U12's have had a fantastic season so far. We have been fortunate to have a few rugby playing students in our intake this year. With a fantastic attitude, and a very talented year group they have ensured that the theme of a steep learning curve has

once again taken place, shown by their 58% win ratio across all teams. The atmosphere that has been created makes the boys a pleasure to coach and work alongside. We have had a regular A, B, C & D. A special congratulations to the A team, who have had excellent performances versus Langley Park, Halliford and Glyn. Yet they still remain a force to be reckoned with, having won 7, lost 2 & drawing in a tight match vs Wimbledon College. With the a points difference of + 100 , a win ratio of 70% the future looks bright for WCGS Rugby.



The U13 boys have worked hard this year, and to get 40 boys regularly out to after school training shows the commitment from the year group to want to play rugby and learn the game. The A team have used 27 boys in all their games showing the great depth in the year group. This team has so much potential and talent, the next challenge is to convert it into performances. However, I feel that in the coming years this squad will mature into one that gets results and plays some fantastic rugby. With 1 game

to be played, at the time of writing, the team have scored 56 tries in 14 games with Ryadh Ali and David Ologunleko both leading the way with 8 tries. Defensively at times we have put in a massive team effort, an area which has been epitomised by the outstanding work of Mayowa Ajayi, who unfortunately missed the start of the season, his tackling and defensive work has been colossal in the second half of the season and has set a standard to where other should aim for.



The U14A team have had by far their best season to date, winning 9 of their 13 fixtures this term through playing a more structured brand of rugby. Standout wins have come in the 32-12 demolition of Wimbledon College, an impressive 15-7 win over a strong Halliford team and the opening day 54-0 drubbing of St Olaves Grammar School. The squad has performed so well that it is hard to select players who have stood out, but captain Daniel Watkins, scrum half Matteo Marthoz and number 8

Yanni Konstantinou have guided the ship well. Furthermore, the ferocity of the defence in the centres from Abs Fatah, Zach Rivai and Juan Cabeza-Sisa who has also scored a staggering 13 tries, has meant that defence has been the foundation of many of the sides victories. Finally, the form of Anthony French, Lucas Dore and Andy Muirhead have given the team great ball and generated the go forward that has enabled the team to attack with flair and pace out wide. Thus far, a great season!



The under 15 Squad have had a strong season. Results and performances have improved since last season, with a few results slipping away against local rivals John Fisher and Halliford. However the team have produced a few excellent performances, notably a 25-10 win vs Dorothy Stringer High School. Every player has worked on becoming better within their respective positions, with Joseph Perkins and Owen Hanford (14 tries)

being selected for Surrey Representative trials. The team continue to move forward in the Natwest Vase, a tournament that has given the team a huge amount of confidence and drive, they play play Woodlands School in Round 5 next term. Unfortunately our Captain Travis Rathborne has been ruled out for the majority of the season, a huge loss, however great credit should be given to Alexander Kahn, Robert Herrick and Sachin Shah for their exemplary leadership. The B team have had an indifferent season. With players being called up frequently to the A team, however they have kept up excellent numbers through the year in training and continue to push their way into A team selection.

COMPLETED

Rugby

Year 8 - Bridges



Year 9 - Woodcote
Year 10 - Radcliffe

Inter. Winners - Woodcote

X-Country

Year 7 - Bridges
Year 8 - Bridges



Junior Winners - Bridges

Year 9 - Ruskin
Year 10 - Radcliffe

Inter. Winners - Woodcote

Year 11 - Radcliffe
6th Form - Radcliffe

Senior Winners - Radcliffe

WCGS Year 7 Annual

Assault Course

Thank you to all staff and students that helped marshal the event, as well as all the parents that came along to support this fantastic house event!!

Year 7 Assault Course

- 6th – Woodcote (1873 pts)
- 4th – Carew (1688 pts)
- 4th – Mandeville (1588 pts)
- 3rd – Radcliffe (1582 pts)
- 2nd – Ruskin (1491 pts)
- 1st – Bridges (1386 pts)**



Current Cock House Cup Standings

- 6th Place - Woodcote (21)
- 5th Place - Carew (27)
- 4th Place - Bridges (28)
- 3rd Place - Mandeville (29)
- 2nd Place - Radcliffe (30)

1st place - Ruskin (33)





Surrey Rugby Representatives

This year we have had a number of individuals who have all represented Surrey for Rugby. James Ford, George Charnock and Hal Mogridge have both been apart of Surrey squads this year.



Badminton

The WCGS Badminton teams have been up and running during this term with the U14 and U16 teams taking part in the Sutton Competitions. Both the U14 & U16 teams played well throughout the tournaments but eventually came out as runners up in the competitions.



Basketball

Basketball continues to go from strength to strength at WCGS, with more boys attending the early morning sessions and improved performance given by the new sports hall floor. The students skill levels and game knowledge continues to improve. Our U18 team have had one fixture so far which resulted in an emphatic 48-18 win against Glyn. Our U16 team played some fantastic basketball but just fell short against coming 4th in the Borough Tournament. Our U14 team however produced a fantastic upset beating a very strong Carshalton Boys team to secure 2nd place in their Borough tournament.



All the staff and Students would like to say thank you to Benchmark Kitchens and Joinery, our new sponsors who have kindly given sponsorship to sport at WCGS.

BENCHMARK Kitchens and Joinery

Rugby Continued



The U16 rugby squad have gone from strength to strength throughout this season. This group of players have really gelled and the teamwork in training and matches has been exemplary leading to some great results. The stats for the season are played 11, won 5, drawn 2, lost 4 which is a great set of statistics considering the quality of our opposition. Highlights of the season have been a huge 61-5 win against Tiffin and scoring 28 unanswered points in the first ten minutes against Reigate grammar to set up a 49-19 victory. The best result of the season was a 52-33 win against Wimbledon

College which really demonstrated the vast improvements this group of WCGS men have made because it is a reversal of a 60-19 loss the season before. One of the real strengths of this season has been our strength and depth with a number of players stepping up from the B-Team to become A-Team regulars which has increase the competition for selection and has increased the students drive for improvements. It has been a pleasure to coach this squad for the last two years and I am really looking forward to the 7's season next term and to watching these boys push for 1st team places as they make the step up to senior rugby.



The 2nd XV have continued to compete throughout the season and given several of the top performing schools on the fixture list a tough game. Highlights of the season involved a comprehensive victory vs St Dunstons by 24-10 and an emphatic all round performance vs Halliford 57-10. The boys have battled against some of the best 2nd XV's in the country, showing some glimpses of what was expected at the beginning of the season, off the back of the Canada Tour. But with injuries and illness,

consistency has always been difficult with a constant changing back line and starting pack. There have been several forwards who have consistently shown development, which will probably result in potential 1st XV caps next year. These include Nathan Vince and Ashwin Manjiani, who both have offered themselves on the crash ball and very rarely taken a backward step. Zain Bhaktar has been a revelation in the row, along with fellow Upper 6th students, Kelsey "Cannon Ball" Tang and Rory Baird. Both Kelsey and Rory have captained the team this year and will be missed next year. The back line has included a number of boys, sometimes including back row players. Stand out performers include Daniel Espanhol who has played almost every second of the season, Charlie Mart who has gained some 1st XV experience, Richard "Hamstring" Chong has bagged himself a few tries and Ali-Abbas Raza, playing full back, centre or wing, has been a real handful for every opposition. Trainings have been enjoyable and skill sets are improving each week, and with several of the current team being here next year, experience and hard work on key areas this year will shine through and the team will be raring to go next year!!



The 1st XV have had an strong season winning 10 of its 14 fixtures. A great achievement from the squad, this year has been particular tough on selection, competition has been fierce for first XV places. This has led to a healthy rotation of the squad. A highlight of the season was a fantastic win over Langley Park under difficult circumstances. Our Nat-west run was ended with Hayes narrowly beating us, but the squad showed some excellent character to compete with a strong Hayes, who have now reached the quarter finals of the tournament. The level of

opposition at first XV level has been rather mixed this year and we have managed to win some games in superb fashion. However this season was one of fine margins against stronger opponents. The commitment, strength and passion has always been a major strength of this squad, they stuck together when times were tough, this has been a testament to James Ford leadership in keeping the squads spirits up at all times. A special thank-you to Wayne Charnock who has helped coach the first XV for the last two years, he is going to be a massive miss in the years to come but hopeful that he will return one day!



We are always keen to receive parental views. Any suggestions for improvement, ideas for implementation or comments on what we have done well, please email Mr Johnson on djohnson61@suttonmail.org.



Handball

Our Year 10 GCSE students competed this term in the Sutton Borough Handball tournament. They played three matches in a round robin tournament against Carshalton Boys, St Joseph's College and Glenthorne. All the games were close but unfortunately the WCGS team didn't manage to secure a win. However, the improvement shown by the boys and the increased knowledge of the tactics and rules of the game was a huge plus point. Well done boys, we'll beat them next year!!



Volleyball

On Wednesday 22nd November seven brave Year 11 Wallington Men travelled to Stanley Park to play in the schools first ever competitive Volleyball fixture. The team, who were confidently led by Omran Arzomand met a Stanley Park team that had a lot more experience and although they suffered a narrow defeat their effort and determination led to fantastic improvements in their skill levels and tactical awareness. The most pleasing thing was the attitude the boys played with, they were willing to try something new, they were not afraid of failure and they had great fun.



WCGS Sports Website

The WCGS Sports Website gives up to date information on Curricular and Extra-Curricular PE. Fixtures, team sheets and results can all be found by visiting <https://wgsacademytrust.fluencycms.co.uk/> and clicking on the Sport Tab at the top of the page

Football

Football at WCGS will feature a little more after Christmas, with a few more mid-week matches. This term featured the early rounds of the Sutton Cup and WCGS were unfortunately not to progress in several age groups. The U16s played Stanley Park and after a slow start, WCGS unfortunately lost on penalties, 5-3, after coming back from two goals down to draw 2-2 at the end of normal time. The U14s also lost on penalties 6-5 to Greenshaw, with the game also finishing 2-2 after normal time. The Seniors lost their Quarter Final to Greenshaw 3-2, with Greenshaw scoring with seconds to go in normal time. The U13s were drawn against Wilson's for the second time in 2 years, having lost to them 5-4 last year in a nail biting game. WCGS battled hard but unfortunately lost 6-2. The U12s played Glenthorne and despite pulling a goal back to make it 1-1, Glenthorne managed to score 2 late goals to take the spoils 3-1.



X-Country

In the Borough Champs our Year 7 team did very well with James Higham finishing 3rd and Joe Gambie finishing 5th. Liam Milne was in 1st place but was very unfortunate to fall and twist his ankle 200m from the finish line meaning the WCGS team could not place. Our U14 team put in a great effort with Daniel Levine finishing 3rd. The best team and individual performances came in the U16 race where Sam Sheppard came 1st and Joe Seal came 2nd ensuring that the WCGS team came 1st in the Borough. Our senior team also did very well finishing 3rd in the borough. In the 1st round of the English Schools Championship Our Junior boys finished 13th overall with Daniel Levine finishing 4th and our Intermediate boys finished 8th overall with Joe Seal finishing 4th.



Student Success Outside of School Sport

Leon Griffiths, U6CA - has had a phenomenal year competing in national and international Racketlon tournament. In the Adult Men's A Leon dominated the season, he took home victory in the London Open, the Welsh Open, the Kent Open and the Men's A National Title at the British Championships. Leon is the current County Badminton Champion, and through his outstanding performances has been nominated for player of the year. In the European Championships in Austria, Leon won Gold in the Boys U21s and the highlight of the second weekend of the tournament was Leon's run to the final of the Men's A, before succumbing to Poland's Rav Rykowski in an enthralling final, to take home the European silver medal.



Liv Stillman, L6RA - Has been nominated by British Athletics to be part of the 2018 Athlete Academy of Sporting Excellence Programme. This is a fantastic achievement as only athletes who British Athletics feel have demonstrated the potential to perform at the highest level are eligible to apply for the programme. The AASE is a great stepping stone to becoming a senior international athlete. Good luck and well done.

Table Tennis



This year WCGS have hosted the U16 Jack Petchey Teams tournament for South London, where the best 8 teams played in a knockout competition. Sam Pang, Ajay Potavadoo, Krishna Nagarajan & Anirudh Gandepalli) all played exceptionally well, beating Ravensbourne 8:0 in the group stages and dismantling Hampton 8:0 on route to the final, where they were narrowly beaten by Whitgift, with both teams winning 4 matches and losing 14:16 in sets. Our U13s also delivered outstanding performances at the Jack Petchey tournament at Wilsons. Alex Bogdanovic, Ojasvii Borah, Jacob Archer and Adrien Vasudevan made easy work of Rutlish, winning 8:0 in the group stages, and flew past local rivals Wilsons in the semi-finals winning 6:2. Setting up a very tight affair vs Tiffin in the final, unfortunately falling just short in yet another countback in favour of Tiffin 16:15. The U19's small yet very talented squad, consisting of had only 3 players Leon Griffiths, Ivan Wong and Zeron Francis, played against Kings College losing 0:2. A great achievement considering Ivan and Zeron's age, a bright future lies ahead for them both. Leon beat the Surrey junior No1 in this competition, winning comprehensively 6:2.



Netball

Netball this year begun with our highest ever numbers. A highlight has been seeing the commitment from the girls who have a wide range of abilities from beginners to advanced and the integration between both year groups. We have played 1 fixture so far and the girls continue to improve every week from their fitness, tactics, balls skills and game playing during training. Miss Herbal has joined to help with fitness which has proved to be very important during training and matches. We have a very strong Captain of Netball this year Joy Cummings who has gone above and beyond to lead Netball, be a shining example on and off the court organising the girls, helping fund raise and playing an integral part in match planning and team selection. Olivia Lambe as Captain of the A team and has shown great leadership skills and provided motivation for the girls. Kehinde Lewal has also been an integral part in the organisation. A stand out player in the last match we played was Danielle Ajose who as GK was a very hard opponent to play against, It was also noted by the other team coaches what a great player Danielle is and the potential she has to continue to grow as a player - Keep it up Danielle! It has been a pleasure so far to coach the Upper and Lower 6th girls and I feel very proud of their commitment and love of playing and taking part in fitness. Rising stars in Lower 6th so far this year are Sibhan Fahy and Cora Davies.

