



South West London and St George's Mental Health NHS Trust

# Upcoming Events For Secondary Parents Autumn Term 2025

## Supporting your teenager's mental health webinars

**10TH SEPT 25**  
**7.30 PM-8.30 PM**



**SCAN OR CLICK HERE**

Mental Health During the Teenage years

**17TH SEPT 25**  
**12.30 PM-1.30 PM**



**SCAN OR CLICK HERE**

**23RD SEPT 25**  
**1 PM-2 PM**



**SCAN OR CLICK HERE**

Getting into school - common challenges and supporting school avoidance

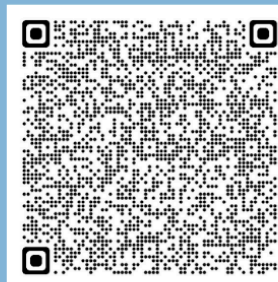
**24TH SEPT 25**  
**6 PM-7 PM**



**SCAN OR CLICK HERE**

To view further event details and descriptions, and to book on to any of the webinars, please scan the QR Code or follow the link to our Eventbrite collection.

**[Click here](#)**



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We also provide free 1:1 early help support programmes for young people to support with anxiety or low mood. Speak to your school to find out more.