



Wallington

County Grammar School

Parent workshops 2025-2026

Dear Parents/Carers,

At Wallington County Grammar School we believe that it is important to educate and assist our parents and carers in dealing with issues that may affect their son/daughter. Please find below a list of the free workshops that will be taking place this academic year. If there are any workshops you feel we should consider running, or issues you would like covered, then please do not hesitate to contact me. Similarly, if you are qualified to run a workshop and would like to provide us with a service please email dowen@wcgschool.co.uk

Some of the workshops will be running virtually whilst others will be face to face at WCGS so please look carefully at each location information.

Yours sincerely,

Duessa Owen
Deputy Headteacher

Parent Information Evenings

Year 7 Parents/Carers and Students

Thursday 18th September 2025

6pm-7.30pm

This event will be held at WCGS in the school hall.

This is an extremely important evening in the school year for Parents and Carers to hear about key initiatives and events that will involve and affect their son in the coming year. These include information on our new core values, key developments on how we ensure appropriate levels of challenge for their son in lessons, feedback on the end of year parent voice survey and key changes in how we will report on student progress to parents/carers this year. **Students must attend this event in school uniform. This event is being led by Mr Bean, Headteacher, Mr Jones, Assistant Headteacher and Mr Collins, Year Leader for Year 7.**

Year 8 Parents/ Carers and Students

This is a Virtual event.

Mr Garrod will send to parents/carers in the next few weeks a series of recordings and information that parents/carers/students need to know about life in Year 8.

Year 9 Parents/ Carers and Students

This is a Virtual event.

Ms Henderson will send to parents/carers in the next few weeks a series of recordings and information that parents/carers/students need to know about life in Year 9.

Year 10 Parents/ Carers and Students

This is a Virtual event.

Ms Rao will send to parents/carers in the next few weeks a series of recordings and information that parents/carers/students need to know about life in Year 10.

Year 11 Parents/ Carers and Students

This is a Virtual event.

Ms Ball will send to parents/carers in the next few weeks a series of recordings and information that parents/carers/students need to know about life in Year 11.

Year 12 Parents/ Carers and Students

Wednesday 10th September 2025

6pm-7.30pm

This event will be held at WCGS in the school hall. This is a compulsory event.

This is an extremely important evening in the school year for Parents and Carers to hear about key initiatives and events that will involve and affect their son/daughter in the coming year. These include information on our new core values, key developments on how we ensure appropriate levels of challenge for their son/daughter in lessons, feedback on the end of year parent voice survey and key changes in how we will report on student progress to parents/carers this year. **Students must attend this event in school uniform. This event is being led by Mr Bean, Headteacher, Mr Croft, Director of 6th Form and Mr Davies, Year Leader for Year 12.**

Year 13 Parents/ Carers and Students

This is a Virtual event.

Ms Paradis, Year Leader for Year 13, will send to parents/carers in the next few weeks a series of recordings and information that parents/carers/students need to know about life in Year 13.

Workshops

Workshop 1- please see the bottom of the page which contains a variety of videos and a blurb on each video

Theme- E Safety

Location - online links to watch when you wish

Alan Mc Kenzie is an online safety specialist who wishes to educate all parents on how they can support their son/ daughter make the correct choices online. Online safety is a huge and important area. Whilst many of us did not grow up with technology, it is integral to the lives of our children. In school we have lots of lessons throughout the school year to teach the children about keeping safe online and it is important that you are aware of the risks and issues too. Below, you will find instructions to a series of short videos. These are free to you as a parent/carer of a child in our school and are brought to you by a nationally renowned specialist. The videos will take you through a series of issues, they are non-technical and provide you with support and guidance.

Workshop 2

Mr D Jones

Assistant Headteacher

Theme- Revision

Location- please follow this link on the school website

<https://www.wcgs-sutton.co.uk/page/?title=Revision&pid=51>

Workshop 3

Parenting Support Programmes

Theme- Parenting

Please see the booklet attached to this email.

These workshops support parents on the parenting journey as parenting is tough! These workshops parents can book onto, and you do not need to be a Sutton resident to sign up.

Workshop 4

Wednesday 10th September 2025

7.30pm -8.30pm

Theme- Mental Health During The Teenage Years

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up

Workshop 5

Wednesday 17th September 2025

12.30pm -1.30pm

Theme: Mental Health During The Teenage Years

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up.

Workshop 6

Tuesday 23rd September 2025

1pm -2pm

Theme- Getting Into School Common Challenges And Supporting School Avoidance

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up.

Workshop 7

Wednesday 24th September 2025

6pm-7pm

Theme- Getting Into School Common Challenges And Supporting School Avoidance

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up.

Workshop 8

Monday 3rd November 2025

6pm-7.30pm

Theme- Healthy Habits In Teenagers Who Are Autistic

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up.

Workshop 9

Tuesday 11th November 2025, 1pm-2pm

And it is repeated on

Tuesday 11th November 2025, 7pm-8pm

Theme- Understanding And Supporting Teen Sleep

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up.

Workshop 10

Monday 1st December 2025

3.30pm-4.30pm

Theme- Parents Of Those Students With A Diagnosed SEN Meet And Greet

Location- This event will be held at WCGS- please meet in reception

This event is for parents of students who are SEN- it is an informal gathering to meet parents and the SEN team.

Workshop 11

Tuesday 2nd December 2025

6.30pm-7.30pm

Theme- UCAS Information Evening

Location- This event will be held at WCGS in the school hall. This is a compulsory event for Year 12 students and parents

This event is for Year 12 students and parents/carers to attend. Mr Croft and Mr Davies will be educating parents/carers on the UCAS process.

Workshop 12

Monday 26th January 2026

6pm-8pm

Theme- Year 12 Oxbridge Parent and Student Information Evening

Location- This event will be held at WCGS in the school hall

This event is for Year 12 students and parents/carers to attend if they are interested in learning more about Oxbridge. This session is being run by Mr Flook.

Workshop 13

Wednesday 4th February 2026

12.30pm-2pm

Theme- Healthy Habits In Teenagers Who Are Autistic

Location- This is a live Virtual event being run by the Education Welfare Service (EWS)

Please see the EWS flyer attached to this emails, to sign up.

Workshop 14

Thursday 5th March 2026

6.30pm-7.30pm

Theme- Sexual Harassment, Controlling Behaviour, Harassment, Stalking and Malicious Communications Delivered by Ciara Riordan

Location- This is a live Virtual event

Ciara Riordan is a Detective Constable and a qualified teacher will present to parents on various topics from sexual harassment, controlling behaviour, harassment, stalking and malicious communications. More information can be found on her website.

<https://www.therealproject.co.uk/>

Workshop 15**Wednesday 25th March 2026****9pm-10pm****Theme- Parents Of Those Students With A Diagnosed SEN Meet And Greet****Location- This event will be held at WCGS- please meet in reception**

This event is for parents of students who are SEN- it is an informal gathering to meet parents and the SEN team.

Workshop 16**Thursday 16th July 2026****3.30pm-4.30pm****Theme- Parents Of Those Students With A Diagnosed SEN Meet And Greet****Location- This event will be held at WCGS- please meet in reception**

This event is for parents of students who are SEN- it is an informal gathering to meet parents and the SEN team.

E Safety Videos for parents

Workshop 1 videos from Alan Mackenzie

Video 1 - Introduction

Welcome to the first video of this online safety series.

Video length: 6 minutes

Whatever the age of your child they will receive good online safety education in school, from early years through to college. But as parents and carers we need to know about and keep up with the risks and issues our children may face online. Importantly, we also need to know where to go for extra support.

My name is Alan Mackenzie. I specialise in the ever-changing and evolving area of online safety, mainly working in schools all over England and in this first video I will quickly introduce myself and define what online safety means.

Over a period of time, you will receive another 6 emails from school, all with a link to a new video and some accompanying text. In most of the emails I will also include useful links, all of which will take you to free information and resources.

Video link: <https://vimeo.com/1113522935/ac0e918b28>

Video 2 – Online Life

Video length: 10 minutes.

Welcome to the second video of this online safety series.

Today we'll take a brief look at what children and young people are doing online and why.

Click on the link below or copy/paste into your browser. You will also find some links below the video link, these get a mention in the video so you may find them useful.

Video Link: <https://vimeo.com/1113523704/1f98207560>

Useful Links:

Internet Matters Family Agreement

<https://www.internetmatters.org/resources/digital-family-agreement-template/>

YouTube Supervised Experience

<https://support.google.com/youtube/answer/10314940?hl=en-GB>

A Guide To The YouTube Kids App

<https://www.youtube.com/kids/>

YouTube Kids - How To Approve Content

<https://www.youtube.com/watch?v=NtrlvqztMcQ>

Video 3 – Risk and Harm

Video length: 12 minutes

Welcome to the third video of this online safety series.

Today we're going to consider risk and harm. Risk is the likelihood of harm and, given certain conditions a risk may be increased or decreased. We'll also take a look at what is commonly called the 4C's which refers to: Content, Contact, Conduct and Commerce. The 4C's is the easiest way of understanding risk regardless of whether you think you are tech savvy or not.

Video Link: <https://vimeo.com/1113524829/eb399b817b>

Useful Links:

Misleading Age Ratings Report

<https://5rightsfoundation.com/apple-and-google-expose-children-to-data-privacy-breaches-through-misleading-app-age-ratings/>

Common Sense Media Reviews

<https://www.commonsensemedia.org>

Internet Matters - Parental Controls Guides

<https://www.internetmatters.org/parental-controls/>

Snapchat Family Centre

<https://help.snapchat.com/hc/en-gb/articles/7121384944788-What-is-Family-Centre>

TikTok Family Centre

<https://support.tiktok.com/en/safety-hc/account-and-user-safety/family-pairing>

Google Family Link

<https://support.google.com/families/answer/7101025?hl=en>

Roblox Parental Controls

<https://en.help.roblox.com/hc/en-us/articles/30428310121620-Parental-Controls-Overview>

Video 4 – Online Influence

Video length: 9 minutes

Welcome to the 4th video in this series.

In this video we're looking at online influence. As children grow up, the digital environments around them are evolving as well, often in step with their changing interests and behaviours, so what are some of the factors that can influence children online?

We will also take a brief look at misogyny.

Click on the link or copy/paste the link into your browser.

Video Link: <https://vimeo.com/1113526326/a4b03fd165>

Useful Links:

What is a parasocial relationship?

<https://www.internetmatters.org/hub/news-blogs/what-are-parasocial-relationships/>

What are algorithms?

<https://www.internetmatters.org/hub/news-blogs/what-are-algorithms-how-to-prevent-echo-chambers/>

What is persuasive design?

<https://saferinternet.org.uk/blog/talking-to-young-people-about-persuasive-design>

What is misogyny?

<https://www.internetmatters.org/issues/online-hate/what-is-misogyny/>

Video 5 – Exploitation

Video length: 10 minutes

Welcome to the fifth video in this series of online safety videos.

This is a difficult video to watch and listen to as the content centres around the growing statistics of children being exploited online, including sextortion (financially motivated extortion). It is a vital area of which every parent/carer should know about.

Importantly, please do be aware of your own state of mind before you watch and be aware of your surroundings, consider wearing headphones. I don't go into a lot of detail in this video, it's more about the statistics to show the growing numbers.

Video Link: <https://vimeo.com/1113536188/681cc98c7e>

Useful Links:

Internet Watch Foundation - Talk Checklist

Clear, Practical Advice To Keep Your Children Safe

<https://talk.iwf.org.uk/wp-content/uploads/2022/03/Parent-Resource.pdf>

Internet Watch Foundation - Supporting Children With SEND

<https://talk.iwf.org.uk/children-with-send/>

Internet Matters - Teens, Sexting And Risks

<https://www.internetmatters.org/about-us/sexting-report-look-at-me/>

For use by young people who, for whatever reason, have taken and shared a nude image.

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/report-remove/>

The State Of Sextortion 2025

<https://www.thorn.org/blog/the-state-of-sex-tortion-in-2025/>

Video 6 – Artificial Intelligence

Video length: 12 minutes

Welcome to video number 6.

Artificial intelligence isn't new, but what is new is Generative Artificial Intelligence (GenAI) and, whilst this can be used for enormous possibilities, there are many negatives too.

In this video we will take a brief look at artificial intelligence along with a few risk examples.

Video link: <https://vimeo.com/1113539948/b84ca842f4>

Useful Links:

A Parents Guide To AI

<https://www.internetmatters.org/resources/parent-guide-to-artificial-intelligence-ai-tools/>

Me, Myself And AI - Chatbot Research

<https://www.internetmatters.org/hub/research/me-myself-and-ai-chatbot-research/>

AI Companion Bots - Understanding The Risks Posed To Young Users

<https://voicebox.site/article/ai-companion-bots-and-explicit-images-understanding-risks-posed-young-users>

Video 7 – Final Notes

Video length: 5 minutes.

We're onto the final online safety video and is just a bit of a wrap-up with some advice. Throughout the previous emails I have shared tips and links to other useful information and below the video link I'll share a few more.

Video Link: <https://vimeo.com/1113541168/00f721db20>

Useful Links:

Internet Matters is a fantastic resource built for parents and carers, there is a tremendous amount of online safety information that is useful, such as:

All the most common risks and issues, along with accompanying advice according to the age of your children.

Setting up parental controls on all the devices your children use.

Gaming advice hub.

Social media advice hub.

Advice hub for children with special educational needs.

Screentime.

And much more.

Internet Matters

<https://www.internetmatters.org>

Common Sense Media – this is a one-stop shop to find further, useful information for parents. Whether it's an app, a game or a book there's a good chance it's here. Just use the search bar at the top of the page.

<https://www.commonsensemedia.org>

Are you worried about the way someone has been communicating with your child online? You can make a report to the Child Exploitation and Online Protection Centre:

<https://www.ceop.police.uk/Safety-Centre/>

Kids, Puberty and Tech – Conversation Starters For 8-12 Year Olds

<https://parents.thorn.org/situation/>

Guides On A Range Of Topics Suitable For 7-17 Year Olds, From Device Access, Consent, Making Friends And More

<https://parents.thorn.org/discussion-guides/>