

		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 06/09/21 27/09/21 18/10/21 15/11/21 06/12/21	Main	● Chicken Masala Curry	Italian Beef Meatballs with Spaghetti	● Roast BBQ Chicken Dinner	● Beef Lasagne	● Breaded Baked Fish Fillet
	Vegetarian	Asian Noodle Stir Fry	Vegetarian Shepherds Pie (VG)	Vegetarian Sausage (VG) Jambalaya	Roasted Vegetable Lasagne	Vegetarian Chilli Non Carne (VG)
	Carbs & Veg	Rice & Mixed Salad	Peas or Mixed Salad	Roast Potatoes Cabbage & Carrots	New Potatoes or Mixed Salad	Rice, Chips Peas or Mixed Salad
	Option	Cheese & Ham or Cheese & Tomato Panini	Halal Chipotle Chicken Skewer Wrap	Macaroni Cheese	Pizza	
	Dessert	Fresh Fruit Platter	Carrot Cake	Yoghurt or Cheese & Crackers	Pancakes with Fruit Compote	Chef Choice of the Day
Week 2 13/09/21 04/10/21 01/11/21 22/11/21 13/12/21	Main	● Lamb Spaghetti Bolognese	● Chicken in a Bun	● Roast Paprika Chicken Dinner	● Beef Chilli Con Carne	● Scampi
	Vegetarian	Vegetable Samosas (VG) With New York Deli Slaw	Cheese, Tomato & Spinach Pinwheel	Jacket Potato with Cheese or Beans	Spanish Vegetable Frittata With Cherry Tomatoes	Cheese & Tomato Flan
	Carbs & Veg	New Potatoes Mixed Salad	Potato Wedges Mixed Salad	Roast Potatoes Carrots & Broccoli	Rice or Croquette Potatoes Mixed Salad	Chips Peas, or Beans
	Option	Halal Chicken Burrito Wrap	Pasta Pots Halal Chicken or Vegetarian in a Tomato Sauce	Macaroni Cheese	Halal BBQ Chicken or Cheese & Tomato Panini	
	Dessert	Fruit Platter or Yoghurt	Apple & Peach Oatie Crumble	Yoghurt or Cheese & Crackers	Eve's Pudding (Apple Sponge)	Chef Choice of the Day
Week 3 20/09/21 11/10/21 08/11/21 29/11/21	Main	● Lamb Hotpot	● Chicken Pasta Arrabbiata	● Spicy Honey Roast Chicken Dinner	● Braised Chicken Sausages in Onion Gravy	● Breaded Baked Fish Fillet
	Vegetarian	Mac & Cheese	Sweet Potato, Chickpea (VG) & Spinach Curry	Vegetarian Sausages in a Yorkshire Pudding with Onion Gravy (VG)	Nasi-Goreng (No Egg) (Stir Fried Vegetable Rice) (VG)	Broccoli & Cauliflower Cheese with Sweet Potato Mash
	Carbs & Veg	Broccoli Mashed Carrot & Swede	Rice & Mixed Salad	Roast Potatoes Courgette Provençale & Peas	Mashed Potatoes Mixed Vegetables	Chips Peas or Beans
	Option	Spicy Fish & Salad Wrap	Hot Filled Panini Halal Chicken or Vegetarian	Macaroni Cheese	Pasta Pots Halal Spicy Chicken or Veggie Pasta in a Tomato Sauce	
	Dessert	Fruit Platter or Yoghurt	Apple Crumble	Yoghurt or Cheese & Crackers	Lemon Drizzle Slice	Chef Choice of the Day

Fresh Fruit and Yoghurt are available every day. We use locally sourced ingredients when available and in season.
 All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards.

● Halal Suitable - **VEGAN (VG) Jacket Potato with Bean (VG)**